## SUBJECTIVE QUALITY OF LIFE IN THE STRUCTURE OF PERSONAL POTENTIAL AMONG THE NORTH-SIBERIAN YOUTH WITH AND WITHOUT ALCOHOL DEPENDENCE

Tatiana G. Bokhan; Edward V. Galazhinsky; Anna L. Ulyanich; Olga V. Terekhina; Ksenia A. Bozhenkova

Tomsk State University, 36, Lenina Ave., Tomsk, Russia, 634050

Keywords: subjective quality of life, personal potential, personal resource, youth of Siberia, alcohol dependence

Abstract: The paper features the identification of individual-specific patterns of personal potential among the rural youth of the North of Siberia with and without alcohol dependence. The research methods included E. Y. Mandrikova's questionnaire "Selfactivity", S. Maddi's test in resilience (adapted by D. A. Leontiev and E. I. Rasskazova), D. A. Leontiev's questionnaire "Reflection", E. Diener scale of subjective well-being, M.Ritsner's questionnaire of quality of life satisfaction, R. Janoff-Bulman's scale of basic beliefs, and B. Scheldon's scale of self-determination. The research revealed some general trends in the structure of personal potential among the rural youth of the North of Siberia. It also made it possible to establish the types of deformations of personal potential among the young people with alcohol dependence syndrome. The resources and personal potential deficiencies identified by the present research may help to determine the targets of psychological correction, as well as to choose psychotherapeutic and psychocorrectional methods in the provision of specialized medical and psychological assistance in the prevention, therapy, and rehabilitation of young people with alcohol addiction.